and we can trace every cut of ... back to the Farms of Origin

We support MEAT FREE Mondays

All our fish is MSC approved and all our bananas and sugar are Fair Trade

Over ... products are transported by vehicles that run on biodiesel

TRAFFORD SCHOOL LUNCH MENU

We support 82 British Dairy Farms

	WEEK 1	WEEK 2	WEEK 3
Monday	Chicken Curry Vegetable Curry Rice, Green Beans and Sweetcorn Mango Smoothie	Beef Burger and Wholemeal Bun Vegetable Burger in Wholemeal Bun Potato Wedges, Cauliflower and Green Beans Oat Biscuits	Vegetable Fajita Cheese & Tomato Pizza Rice, Carrots and Green Beans Orange Smoothie
Tuesday	Spaghetti Bolognese Roast Vegetable Pasta Bake Garlic Bread, Carrots Chocolate Shortbread	Macaroni Cheese Cowboy Bean Stew Rice, Sweetcorn Strawberry Ice Cream	Chicken Pie, with Puff Pastry Lid Vegetarian Spaghetti Bolognese Mash Potato/ Spaghetti, Cauliflower Flapjack
Wednesday	Roast Turkey Dinner with Gravy Quorn Roast Roast Potatoes, Cauliflower and Broccoli Strawberry Angel Delight	Roast Turkey Dinner with Gravy Quorn Roast Roast Potatoes, Broccoli, and Carrots Fruit Jelly	Roast Turkey Dinner, with Gravy Quorn Roast Roast Potatoes, Broccoli, and Sweetcorn Pineapple Cake
Thursday	Pork Sausages and Gravy Vegan Sausage and Gravy Mash Potato, Sweetcorn Apple Crumble and Custard	Pork Meat Balls in Tomato Sauce, Spaghetti Veggie Meat Balls in Tomato Sauce, Spaghetti Garlic Bread, Sweetcorn and Green Beans Iced Apple Sponge	Homemade Sausage Roll Vegan Cottage Pie New Potatoes, Carrots and Peas Rice Pudding
Friday	Omega 3 Fish Fingers Tomato and Vegetable Linguini Chips, Beans Lemon Cake	Salmon Fish Cakes Cheese Whirls Chips, Beans Chocolate Cake	Battered Fish Vegan Nuggets Diced Potato, Sweetcorn and Beans Orange Cake

Available Daily

- Fresh Salad
- Jugs of Water
- Yoghurts
- Freshly Prepared Fruit
- Jacket Potatoes
- Sandwiches

Our chicken and milk are Food Standards Assured and we only use Lion Quality Eggs

TRAFFORD SERVICES FOR EDUCATION
Education Catering Services, OSFE, Trafford Council, Trafford Town Hall, Talbot Road Stretford Manchester M32 0TH
Telephone: 0161 925 5556 Email: catering&cleaningadmin@trafford.gov.uk Website: www.trafford.gov.uk

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed by all children